

**Pre-assessment**  
***It Takes a Village: Giving our babies the best chance***

**This questionnaire is de-identified.** Please answer the questions on your own and be honest.

1. Gender    ☐ Male            ☐ Female        ☐ Other
  
2. Age \_\_\_\_\_ (Fill in the blank)
  
3. Are you?   ☐ Single            ☐ Married            ☐ Divorced        ☐ Widowed        ☐ Other
  
4. Race/Ethnicity (*Check ALL that apply*):
 

<input type="checkbox"/> Chamorro/Guamanian	<input type="checkbox"/> Fijian	<input type="checkbox"/> Maori
<input type="checkbox"/> Micronesian	<input type="checkbox"/> Native Hawaiian	<input type="checkbox"/> Samoan
<input type="checkbox"/> Tahitian/French Polynesian		<input type="checkbox"/> Tongan
<input type="checkbox"/> Other Pacific Islander _____ (Specify)		
<input type="checkbox"/> Other race/ethnicity _____ (Specify)		
  
5. Highest level of education completed:
 

<input type="checkbox"/> Less than high school	<input type="checkbox"/> High school diploma/GED	<input type="checkbox"/> Some college
<input type="checkbox"/> Associate degree	<input type="checkbox"/> Bachelor degree	<input type="checkbox"/> Master/Doctoral degree
  
6. What is your zip code? \_\_\_\_\_ (Fill in the blank)
  
7. **Check the box that best shows what you think** (*Check ONLY ONE box*)
  - ☐ The Native Hawaiian/Pacific Islander (NHPI) communities have many health problems, but infant mortality **IS NOT** one of those problems.
  - ☐ The NHPI have many health problems, and infant mortality **IS** one of those problems.
  - ☐ Infant mortality is a problem among NHPI communities, and I would like to do something about it, but I do not know what to do.
  - ☐ Infant mortality is a problem among NHPI communities, and I have the tools to do something about it.
  
8. **Infant mortality is the** (*Check ONLY ONE box*)
  - ☐ Death of a fetus before birth
  - ☐ Death of a baby before the first birthday
  - ☐ Death of a toddler (1-3 years of age)
  - ☐ All of the above
  - ☐ Not sure/Don't know

**9. According to what you know, check THE TWO racial/ethnic groups with the highest infant mortality rate in Utah.**

- ☐ Asian ☐ American Indian/Alaska Native ☐ Black/African American  
☐ Hispanic/Latino ☐ White Caucasian ☐ Native Hawaiian/Pacific Islander  
☐ Not sure/Don't know

**10. Perinatal conditions are** (*Check ONLY ONE box*)

- ☐ Maternal conditions related to pregnancy or delivery  
☐ Infant conditions related to pregnancy or delivery  
☐ Both  
☐ None of the above  
☐ Not sure/Don't know

**11. What is the top cause of infant mortality among NHPI in Utah?** (*Check ONLY ONE box*)

- ☐ Injuries and accidents  
☐ Perinatal conditions  
☐ Sudden Infant Death Syndrome  
☐ All of the above  
☐ Not sure/Don't know

**12. Preconception health is** (*Check ONLY ONE box*)

- ☐ Taking steps to get healthy before pregnancy  
☐ Promoting the health of women of reproductive age before conception  
☐ A woman's health before she becomes pregnant  
☐ All of the above  
☐ Not sure/Don't know

**13. Prenatal care is the** (*Check ONLY ONE box*)

- ☐ Health care that a baby receives after the baby is born  
☐ Health care that a pregnant woman receives during pregnancy  
☐ Health care that a pregnant woman receives after the baby is born  
☐ All of the above  
☐ Not sure/Don't know

**14. When should a woman start prenatal care?** (*Check ONLY ONE box*)

- ☐ During the second trimester of pregnancy  
☐ During the third trimester of pregnancy  
☐ As soon as she finds out she is pregnant  
☐ After the baby is born  
☐ Not sure/Don't know

**15. After having a baby, a woman has a better chance of having a healthy pregnancy and a healthy baby if she waits** (*Check ONLY ONE box*)

- ☐ At least three months (3) before becoming pregnant again
- ☐ At least six months (6) before becoming pregnant again
- ☐ At least twelve months (12) before becoming pregnant again
- ☐ At least eighteen months (18) before becoming pregnant again
- ☐ Not sure/Don't know

**16. How confident do you feel talking with family members about pregnancy and birth-related issues?** (*Circle the number that best represents you*)

Not at all confident Extremely confident  
1 2 3 4 5

**17. How confident do you feel talking with community members about pregnancy and birth-related issues?** (*Circle the number that best represents you*)

Not at all confident Extremely confident  
1 2 3 4 5

**18. How confident do you feel finding trusted information and resources for before, during, and after pregnancy?** (*Circle the number that best represents you*)

Not at all confident Extremely confident  
1 2 3 4 5

**19. How confident do you feel coaching (providing advice and guidance to) family members about steps that could be taken to have healthy babies?** (*Circle the number that best represents you*)

Not at all confident Extremely confident  
1 2 3 4 5

**20. How confident do you feel coaching (providing advice and guidance to) community members about steps that could be taken to have healthy babies?** (*Circle the number that best represents you*)

Not at all confident Extremely confident  
1 2 3 4 5